

Anticholinergic Pocket Reference Card

These meds can cause confusion, memory loss, worsening of mental function and dementia- like symptoms in the elderly. Discuss all medications with your physician.

Antihistamines/Allergy/Cough & Cold Medications

Generic name	Common Brand Name
Azelastine nasal spray	Astepro™
Brompheniramine	Dimetane™, Extentab™, Cophene B™, Dimetapp Allergy™, Bromax™
Carbinoxamine	Palgic™, Carboxine™, Arbinoxa™, Karbinal ER™
Chlorpheniramine	Chlor-Trimeton™, Chlor-Trimeton Allergy SR™, Allergy Relief™
Clemastine	Tavist-1™, Dayhist-1™, Leader Allerhist™
Cyproheptadine	Periactin™
Dexbrompheniramine	Ala-Hist IR™
Dexchlorpheniramine	Polaramine™
Diphenhydramine	Benadryl™, Sominex™, Diphenhist™, Wal-Dry™, Banophen™
Hydroxyzine	Vistaril™, Atarax™
Mepyramine	Medivet™, Kenya™, Anergol Nasal™
Olopatadine nasal spray	Pataday™, Patanol™, Patanase™
Phenyltoloxamine	Dologesic™, Relagesic™
Promethazine	Phenadoz, Phenergan, Promethegan
Triprolidine	Zymine

Anxiety

Generic name	Common Brand Name
Hydroxyzine	Vistaril™, Atarax™

Asthma & COPD

Generic name	Common Brand Name
Glycopyrrolate	Robinul™, Cuvposa™
Ipratropium	Atrovent™
Tiotropium*	Spiriva™

* Unknown whether central nervous system effects are important

Muscle Spasms, Relaxants & Pain

Generic name	Common Brand Name
Cyclobenzaprine	Amrix™, Fexmid™, Flexeril™
Meperidine	Demerol™
Orphenadrine	Norflex™
Phenyltoloxamine	Cafgesic™ Forte™, Combiflex S™, Durabac™ Forte™

Antipsychotics

Generic name	Common Brand Name
Chlorpromazine	Thorazine™, Ormazine™
Clozapine	Clozaril™, FazaClo™
Loxapine	Loxitane™
Molindone	Moban™
Olanzapine	Zyprexa™
Pimozide	Orap™
Perphenazine	Trilafon™
Promethazine	Phenadoz™, Phenergan™, Promethegan™
Quetiapine	Seroquel™
Thioridazine	Mellaril™, Mellaril-S™
Trifluoperazine	Stelazine™

Bladder Antispasmodics

Generic name	Common Brand Name
Darifenacin	Enablex™
Flavoxate	Uripas™
Oxybutynin	Gelnique™, Ditropan™, Oxytrol™
Propantheline	Pro-Banthine™
Solifenacin	VESicare™
Tolterodine	Detrol™
Trospium	Sanctura™

Stomach & GI Tract- Ulcer

Generic name	Common Brand Name
Amantadine	Symmetrel™
Benzotropine	Cogentin™
Procyclidine	Kemadrin™
Trihexyphenidyl	Artane™, Trihexy™, Trihexane™
Orphenadrine	Norflex™

Insomnia and Sleep

Generic name	Common Brand Name
Diphenhydramine	Benadryl™, Sominex™, Diphenhist™, Wal-Dry™, Banophen™, Hydramine™, Dicopanol™
Doxylamine	Sleep Aid Tablets™, Unisom Sleep Tabs™, Equate Sleep Aid™, Nytol Max Strength™

Motion Sickness, Dizziness & Nausea

Generic name	Common Brand Name
Dimenhydrinate	Dramamine™, Dymenate™, Triptone™, Calm-X™
Meclizine	Antivert™, Verticalm™, Bonine™
Prochlorperazine	Compro™
Promethazine	Phenadoz™, Phenergan™, Promethegan™
Scopolamine	Transderm-Scop™, Scopace™ Maldemar™
Trimethobenzamide	Tigan™

Tricyclic Antidepressants

Generic name	Common Brand Name
Amitriptyline	Vanatrip™, Elavil™, Endep™
Clomipramine	Anafranil™
Desipramine	Norpramin™
Doxepin	Silenor™, Zonalon™, Prudoxin™
Imipramine	Tofranil™, Tofranil-pm™

Movement Disorders

Generic name	Common Brand Name
Amantadine	Symmetrel™
Benzotropine	Cogentin™
Procyclidine	Kemadrin™
Trihexyphenidyl	Artane™, Trihexy™, Trihexane™
Orphenadrine	Norflex™

Stomach & GI Tract- Antispasmodics

Generic name	Common Brand Name
Atropine	Belladonna™
Alkaloids	
Clidinnium	Librax™, Clindex™, Chlordinium™
Dicyclomine	Bentyl™
Hyoscyamine	Anaspaz™, Cystospaz™, Donnamar™, Levsin™
Methscopolamine	Pamine™
Propantheline	Pro-Banthine™

Seizures & Mood Disorders

Generic Name
Cartamazepine
Brand Name
Tegretol™
Carbatrol™
Epitol™
Tegretol XR™



www.Elderconsult.com
(650) 357-8834