

THE SONOMA COUNTY
ELDER AND DEPENDENT ADULT
MULTIDISCIPLINARY TEAM
FACT SHEET

WHAT IS THE MULTIDISCIPLINARY TEAM?

The Multidisciplinary Team (MDT) is a select group of professionals throughout the community who work with Elder and/or Dependent Adults. The Welfare and Institutions Code Section 15763, requires each county to establish and maintain an adult MDT. To meet this goal, Sonoma County Adult Protective Services has facilitated the MDT meeting since 1999.

WHAT DOES MDT DO?

Professionals from the community present complex cases in confidential meetings and team members provide constructive feedback and identify strategies to reduce risk to these vulnerable adults. In the process, resources and information about the community services are shared in the group.

WHAT ARE THE BENEFITS OF MDT?

- Collaborate with local programs and agencies
- Develop and implement interagency treatment strategies
- Comprehensive, coordinated service delivery for your clients
- Eliminate barriers to services for your clients
- Expand awareness of agency capabilities and community network of services
- Understand problem-solving approaches across disciplines and professions
- Access training and updates
- Expand your network with community professionals

WHO CAN PARTICIPATE IN MDT?

- Adult Protective Services
- Code Enforcement
- County Counsel
- District Attorney's Office
- Family Justice Center
- Victim Witness
- Mental Health
- Probation
- Public Guardian/Conservator
- Sherriff's Department

- Alzheimer's Association
- Council on Aging
- Health Clinics
- Hospitals
- Law Enforcement Agencies
- Legal Services
- North Bay Regional Center
- Redwood Caregiver Resource Center
- Ombudsman
- Financial Institutions

WHAT ABOUT YOU?

Meetings: 1st Tuesday of each month, 1:30 – 3:00pm

Location TBA

For more information or to schedule a case, contact Tara Underly
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